



SWANAGE HALF MARATHON 2009

RACE INFORMATION

Parking

The nearest long stay car park is in King George's, Victoria Avenue and is well signposted, positioned approx. 500yds from the sea front.

Changing Facilities & Toilets

Due to the change of date for this year's race, all facilities will be on Shore Road, Swanage. There will be designated toilets for the runners.

Registration and Late Entries

The registration desk and late entries is situated on **Shore Road**, this is adjacent to the sea front and close to the start and finish. **Please register your attendance upon arrival.** Number collection, left belongings and race information is also positioned here.

Assembly, Start ~ Finish and Route

The start **is 10am sharp** from the sea front. There are regular marshals and six water stops throughout the route with lead and rear vehicles and medical back up in attendance, these will cover the route for a period of two and half hours, and any runner that cannot complete the run in that time must accept responsibility for their own safety. The finish is on the sea front.

Position and Time

Every runner who has submitted a stamped addressed envelope will receive the position/time result. Alternatively, you can get the results from the website, www.swanagecarnival.com .

Awards

Every runner will receive a race memento. Trophies will be presented to the winners and runners up of each category along with challenge cups/shields. The presentation will be held at 1pm on Shore Road.

Rules

1. The Race will be held under UK Athletics rules. Entrants must be 17 years or older on race date. Entrants are required to abide by the Race rules and marshals directions.
2. No children's buggies, dogs, following cycles, alcohol or tobacco allowed. The race organisers reserve the right to remove runners that may be acting in such a way that would endanger themselves or other participants.
3. Entrants participate in the race at their own risk and to be medically fit to run a half marathon.
4. Competitors are required to commence their run within 15 minutes of the official start. Latecomers will be disqualified.
5. The race organisers, sponsors or any other associated body will not be liable for any injury, loss or expense to participants in this event.
6. All marshals, water stops and medical cover will cover the course for 2½ hours, any runner who cannot complete the course within this time must take responsibility for their own safety.
7. Entries to the Swanage Half Marathon are personal to the applicant and cannot be transferred to another.
8. No refund can be given if the race has to be cancelled or postponed due to circumstances outside the race organisers' control. The organisers will endeavor to re-schedule the event.
9. Entry forms will not be accepted unless signed by the applicant.
10. The decision of the Race Referee and Race Director shall be final in the event of a dispute.

Organised by the: **Swanage Regatta & Carnival**



Race Numbers sponsored by:
PURBECK SPORTS LTD 01929 423235

Water supplied by:
**Godlingstone Manor Water
Studex UK**

Trophies sponsored by:
**Harlee's Fish & Ship Shop, Swanage 01929 422362
Swanage Holiday Properties Ltd 01929421525**

Scaffold towers supplied by:
Travis Perkins 01929 425411